

Crock Pot Stone Soup Recipe

One stone (optional)
1 quart vegetable broth
6 small potatoes, quartered
1 medium onion, diced
5 medium carrots, sliced
4 celery stalks, sliced
5 leaves of kale, striped from its stems and cut into small pieces
2 cloves garlic, sliced
1 tbsp sea salt



Combine all ingredients in the crock pot and cook on low for 8 hours or high for 5 hours.

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